

Happy Tummy Menu

Aug 14-16, 2008

This Week's Special!

Blackened Fish with Pasta Alfredo
and one side item for \$8

Side Items

Half Pt \$2

- Side Salad
- Roasted Veggies
- Frozen Grapes
- Pasta Alfredo
- Couscous with Spinach, Tomato
& Pine Nuts
- Egyptian Spinach Soup

Hours

Thursday - Saturday
Noon to 8pm

Happy Tummy is located at
Lowe Mill, 2211 Seminole Dr

mmmhappytummy.com

Sandwiches

(Comes with Chips)

This Week's Suggestions

The Dark Side

Blackened Fish with Tarter Sauce,
Lettuce and Tomato on
White Fred Bread \$6

The 5-0

Ham & Cheese with Onion on
Pineapple Fred Bread \$5

Veg Head Quesadilla

Roasted Veggies and Cheese on
Flour Tortillas with Salsa \$5

TCB

Turkey, Cheddar & Bacon with
Spicy Mustard, Onion, Mayo,
Lettuce & Tomato \$5

Cold Cuts \$5

(Served Hot or Cold)

- Ham, Turkey, Salami or Bacon

Veggie Burger \$5

Jerk Chicken Sandwich \$6

Grilled Cheese \$3

Peanut Butter or Nutella \$2
with your choice of Jam

*Substitute a Side Item
for Chips For Only \$1 More

Salad

Spring Mix or Spinach with your
choice of toppings \$4

Jerk Chicken Salad \$5

Dogs

(Comes with Chips)

Hot Dog \$2

Chicken Sausage \$4

Jerk Chicken

Served as an Entree
with 2 Sides \$8

Drinks

Coke, Diet Coke, Sprite, Root Beer
or Bottled Water \$1

Iced Tea

Medium \$1.50

Large \$2

Izze Sparkling Juice \$2

-Blackberry, Clementine or
Pomegranate

**Be sure to join
our email list
to find out about
our weekly specials!**