

Happy Tummy Menu

Aug 19-22, 2009

This Week's Special!

Chi Chee \$4

Hot Dog on a Bun Topped with Chili and Cheese, Served with a Side of Kettle Chips

Side Items

\$2 each

- Spinach & Garbanzo Bean Salad
- Nuts, Cheese & Crackers
- Broccoli Salad
- Mediterranean Spiced Couscous
- Fresh Fruit
- Ginger Peach Ice Cream

*Substitute a Side Item for Chips For Only \$1 More

Hours

Wed & Thurs: Noon-6pm
Friday: Noon-8pm
Sat: Noon-4pm

Happy Tummy is located at
Lowe Mill, 2211 Seminole Dr
256-348-8132

mmmhappytummy.com

Sandwiches

(Comes with Chips)

This Week's Suggestions

Deli-cious \$5

Ham, Salami, Swiss, Olive Relish, Tomato,
Lettuce, Herbed Oil & Vinegar
on a Jalapeno Cheddar FredBread Bun

Build Your Own Sandwich

Ham or Turkey \$5

Jerk Chicken Sandwich \$6

Veggie Burger \$5

Grilled Cheese (Bread & Cheese Only) \$3

With Your Choice of

Bread: Wheat, Jalapeno Cheddar or Rye
Cheese: Swiss, Cheddar, Pepperjack, American
Toppings: Lettuce, Tomato, Onion
Condiments: Mayo, Yellow or Brown Mustard

Wraps

(Comes with Chips)

Wrap It Up \$6

Turkey, Bacon, Swiss, Mayo, Mustard,
Tomato, Onion & Lettuce
Wrapped in a Flour Tortilla

BBQ Tofu Wrap \$5

with Onion, Tomato & Lettuce

Jerk Tofu Wrap \$5

with Onion, Tomato & Lettuce

Quesadillas

Hoo Wee \$6

Spicy Shrimp, Peppers & Onions with Cheese
in a Tortilla Served with Salsa & Sour Cream

Cheese Quesadilla \$3

Served with Salsa and Sour Cream

Jerk Chicken or Tofu

(This Is Very Hot Stuff!)

Served as an Entree with 2 Sides \$8

Dogs

(Comes with Chips)

Hot Dog \$3

Bratwurst \$4

Drinks

**Coke, Diet Coke, Sprite,
Root Beer, Ginger Ale
or Bottled Water** \$1

Iced Tea or Fruit Juice \$2
(one free refill on iced tea)

Ice, Cup, or Cup of Ice \$1

**Be sure to join our email list
to find out about our weekly specials!**