

Happy Tummy Menu

Aug 26-29, 2009

This Week's Special!

I'm Not Sorry! \$5

Hamburger or Veggie Burger
With Your Choice of Toppings on a
Jalapeno Cheddar or Onion FredBread Bun
Served With a Side of Kettle Chips

Side Items

\$2 each

- Vinaigrette Vegetables
- Mexi-Greek Bean Dip with Chips
- Pear & Bleu Cheese Salad
- Gazpacho
- Chocolate Cake
- Strawberry Ice Cream

*Substitute a Side Item for Chips For Only \$1 More

Hours

Wed & Thurs: Noon-6pm
Friday: Noon-8pm
Sat: Noon-4pm

Happy Tummy is located at
Lowe Mill, 2211 Seminole Dr
256-348-8132

mmmhappytummy.com

Sandwiches

(Comes with Chips)

This Week's Suggestions

Craisy Chicken \$5

Chicken Salad with Craisins, Almonds,
Red Onion, Celery, Mayo and Greens
on Toasted FredBread

Build Your Own Sandwich

Ham or Turkey \$5

Jerk Chicken Sandwich \$6

Veggie Burger \$5

Grilled Cheese (Bread & Cheese Only) \$3

With Your Choice of

Bread: Wheat, Jalapeno Cheddar or Rye
Cheese: Swiss, Cheddar, Pepperjack, American
Toppings: Lettuce, Tomato, Onion
Condiments: Mayo, Yellow or Brown Mustard

Wraps

(Comes with Chips)

Happle \$5

Ham, Swiss, Sweet, Apple Mustard,
Red Onion & Lettuce
Wrapped in a Flour Tortilla

BBQ Tofu Wrap \$5

with Onion, Tomato & Lettuce

Jerk Tofu Wrap \$5

with Onion, Tomato & Lettuce

Quesadillas

Mexi-Greek Quesadilla \$5

Black Bean-Garbanzo Bean Spread with
Onion, Olives and Cheese in a Tortilla Served
with Salsa & Sour Cream

Cheese Quesadilla \$3

Served with Salsa and Sour Cream

Jerk Chicken or Tofu

(This Is Very Hot Stuff!)

Served as an Entree with 2 Sides \$8

Dogs

(Comes with Chips)

Hot Dog \$3

Bratwurst \$4

Drinks

**Coke, Diet Coke, Sprite,
Root Beer, Ginger Ale
or Bottled Water** \$1

Iced Tea or Fruit Juice \$2
(one free refill on iced tea)

Ice, Cup, or Cup of Ice \$1

**Be sure to join our email list
to find out about our weekly specials!**