

## Happy Tummy Menu

Aug 7-9, 2008

### This Week's Special!

Pork Tenderloin and Wild Rice  
with one side item for \$8

### Side Items

Half Pt \$2

- Garlic Smashed Potatoes
- Black Bean and Corn Salsa
  - Balls o' Melon
- Apple Carrot Salad with Ginger and Lemon
  - Italian Pasta Salad
- Vinaigrette Veggies on Salad
  - Strawberry Basil Soup

### Desserts

Ice Cream Half Pt \$2

- Strawberry
- Butter Pecan
- Mixed Berries
- Pomegranate Sorbet

Chocolate Mousse Pie \$3

Tangy Lemon Pie \$3

Happy Tummy is located at  
Lowe Mill, 2211 Seminole Dr  
mmmhappytummy.com

## Sandwiches

(Comes with Chips)

### This Week's Suggestions

Pork Tenderloin Sandwich with  
Lettuce, Tomato, Onion & Herb  
Mayo \$6

Sun Dried Tomatoes, Spinach,  
Artichoke Hearts & Swiss on Black  
Olive Chipotle Fred Bread \$5

Avocado, Cheese & Onion  
Quesadilla with a choice of Black  
Bean and Corn or Fruit Salsa \$5

Chicken Salad with Red Grapes,  
Toasted Almonds, Celery, Lettuce  
and Mayo on Croissant \$5

Turkey, Bacon and Guacamole with  
Onion & Tomato and choice of  
Pepperjack Cheese or Swiss \$5

Cold Cuts \$5

(Served Hot or Cold)

- Ham, Turkey, Salami or Bacon

Veggie Burger \$5

Jerk Chicken Sandwich \$6

Grilled Cheese \$3

Peanut Butter or Nutella \$2  
with your choice of Jam

\*Substitute a Side Item  
for Chips For Only \$1 More

## Salad

Spring Mix or Spinach with your  
choice of toppings \$4

Jerk Chicken Salad \$5

### Dogs

(Comes with Chips)

Hot Dog \$2

Chicken Sausage \$4

### Jerk Chicken

Served as an Entree  
with 2 Sides \$8

### Drinks

Coke, Diet Coke, Sprite, Root Beer  
or Bottled Water \$1

Iced Tea

Medium \$1.50

Large \$2

Izze Sparkling Juice \$2  
-Blackberry, Clementine or  
Pomegranate

\*Ask for available condiments  
and toppings

**Be sure to join  
our email list  
to find out about  
our weekly specials!**