

Happy Tummy Menu

February 12-14, 2009

This Week's Special!

Poppy Love \$6

Creamy Lemon Poppyseed Chicken Served over Spinach Mushroom Rice and Topped with Chow Mein Noodles

Side Items

\$2 each

- Vegetable Noodle Soup
- Spinach Mushroom Rice
- Herb New Potatoes
- Spinach Artichoke Dip with Garlic Parmesan FredBread Rolls
- Pineapple Cake
- Brownies

*Substitute a Side Item for Chips For Only \$1 More

Hours

Thursday - Saturday
Noon to 8pm

Happy Tummy is located at
Lowe Mill, 2211 Seminole Dr
256-348-8132

mmmhappytummy.com

Sandwiches

(Comes with Chips)

This Week's Suggestions

Spin the Turkey \$6

Turkey, Spinach Artichoke Spread, Tomatoes, & Lettuce Served on Garlic Parmesan FredBread Bun

Tune-A-Fish \$5

Tuna, Celery, Curry, Rice, Onion, Lemon, Mayo, Apricots, Golden Raisins, and Lettuce Wrapped in a Flour Tortilla

Build Your Own Sammie \$5

(Served Hot or Cold on Fresh FredBread)
- Your Choice of: Ham, Turkey, or Bacon

Veggie Burger \$5

Jerk Chicken Sandwich \$6

Grilled Cheese \$3

Peanut Butter \$2 with your choice of Jam

Combinations

Jerk Chicken or Tofu \$8 Served as an Entree with 2 Sides

Vegetable Noodle Soup & Grilled Cheese \$5

Be sure to join our email list to find out about our weekly specials!

Quesadillas

Broc-a-dilla \$5

Broccoli, Carrot, Onion & Cheese in a Quesadilla Served with Ranch Dip

Cheese Quesadilla \$3

Salads

Jerk Chicken or Tofu Salad \$5

Spring Mix \$4 with your choice of toppings

Dogs

(Comes with Chips)

Hot Dog \$3

Bratwurst \$4

Add Slaw-ter (Spicy Slaw) for \$1

Drinks

Coke, Diet Coke, Sprite, Root Beer, Vernors, Ginger Ale or Bottled Water \$1

Iced Tea or Fruit Juice \$2 (one free refill on iced tea)

Coffee, Hot Tea or Hot Cocoa \$1