

Happy Tummy Specials

July 21-24 , 2010

Porky's Revenge \$6

Chipotle Slow Roasted Pork Served with Flour Tortillas, Lettuce, Cheese, Refried Black Beans, Picante Sauce and Sour Cream

Sandwich

(Comes with Chips)

Spicy Bird \$5

Turkey, Pepperjack, Lettuce, Onion, Tomato and Chipotle Mayo on Jalapeno Cheddar FredBread

Wrap

(Comes with Chips)

Tropical Tuna Salad \$5

Tuna with Curry, Pickle, Pineapple, Mayo and Lettuce Served in a Wheat Tortilla

Quesadilla

Strong to the Finich \$5

Sauteed Spinach, Onion and Mushrooms with Cheese and Served with Garlic Herb Sour Creme
Add Bacon for \$1

Side Items

- Strawberry Princess Salad	\$2
- Refried Black Beans	\$2
- Chips & Salsa	\$2
- Crackers & Cream Cheese	\$2
- Snack Mix	\$2
- Dried Fruit & Nut Mix	\$2
- Ice Cream	\$2
- Cookies	\$2
- Chips	\$1
- Ice Cream Sandwich	\$1
- FlaVorIce	50¢

Happy Tummy Menu

Sandwiches

(Comes with Chips)

Ham	\$5
Turkey	\$5
Roast Beef	\$5
Jerk Chicken Sandwich	\$6
Hamburger	\$6
Veggie Burger	\$6
Black Bean Burger	\$6
Salmon Burger	\$6
Grilled Cheese (Bread & Cheese Only)	\$3
Additional Toppings Add	\$1

Wraps

(Comes with Chips)

BBQ Tofu Wrap	\$5
BBQ Seasoned Tofu with Onion, Tomato & Lettuce	
Jerk Tofu Wrap	\$5
Jerk Seasoned Tofu with Onion, Tomato & Lettuce	
This is VERY Spicy	

Dogs

(Comes with Chips)

Kosher Beef Hot Dog	\$3
Bratwurst	\$4
Vegan Hot Dog	\$4

Quesadillas

(Served with Salsa and Sour Cream)

Cheese Quesadilla	\$3
Bacon Quesadilla	\$4
Jerk Chicken Quesadilla	\$6
BBQ Tofu Quesadilla	\$5
Jerk Tofu Quesadilla	\$5

Jerk Chicken or Tofu

(This Is Very Spicy Stuff!)

Served as an Entree with 2 Side Items \$8

Available Options

Loaf Bread

Multigrain, Sour Dough, or Pumpernickel-Rye
Jalapeno Cheddar FredBread

Burger Buns

Sesame or Multigrain
Jalapeno-Cheddar FredBread

Hot Dog Buns

Wheat or White

Wrap

Wheat Tortilla

Cheese

Swiss, Cheddar, Pepperjack, American

Toppings

Lettuce, Tomato, Onion, Pickles, Jalapenos, Banana Peppers, Kraut, Relish

Condiments

Mayonnaise, Chipotle Mayo, Baconnaise, Ketchup, Yellow Mustard, Brown Mustard

Chips

Sea Salt, BBQ or Jalapeno Kettle Chips
Original or Harvest Cheddar Sun Chips
*Substitute a Side Item (Additional Charge May Apply)

Drinks

Coke, Diet Coke, Sprite, Root Beer, Ginger Ale or Bottled Water \$1

Iced Tea (1 free refill) \$2

Fruit Juice \$2

Ice, Cup, or Cup of Ice \$1

Hours

Wed & Thurs: Noon-6pm

Friday: Noon-8pm, Sat: Noon-4pm

Happy Tummy is located at Lowe Mill,
2211 Seminole Dr
256-348-8132
mmmhappytummy.com

Be sure to join our email list and stay updated about our weekly specials!