

Happy Tummy Menu

July 29-Aug 1, 2009

This Week's Special!

Larb Big Gai \$6

Ground Turkey, Lemon Juice,
Onion, Cilantro, Served Over Lettuce
With A Side of Jasmine Rice

Side Items

\$2 each

- Vinaigrette Vegetables
- Som Tam (Carrot-Papaya Salad)
- Green Bean-Pinto Bean Salad
- Spicy Raspberry Cream Cheese & Crackers
- Fresh Fruit
- Dirt Nap (Chocolate Pudding)

*Substitute a Side Item for Chips For Only \$1 More

Ask about Popsicles & Ice Cream

Hours

Wed & Thurs: Noon-6pm
Friday: Noon-8pm
Sat: Noon-4pm

Happy Tummy is located at
Lowe Mill, 2211 Seminole Dr
256-348-8132

mmmhappytummy.com

Sandwiches

(Comes with Chips)

This Week's Suggestions

It's Gone A-Rye \$5

Ham, Swiss, Mustard, Cranberry-Onion Relish
and Lettuce on Rye FredBread

Build Your Own Sandwich

Ham or Turkey \$5

Jerk Chicken Sandwich \$6

Veggie Burger \$5

Grilled Cheese (Bread & Cheese Only) \$3

With Your Choice of

Bread: Wheat, Jalapeno Cheddar or Rye
Cheese: Swiss, Cheddar, Pepperjack, American
Toppings: Lettuce, Tomato, Onion
Condiments: Mayo, Yellow or Brown Mustard

Wraps

(Comes with Chips)

Taco Turkey Wrap \$5

Turkey, Cheese, Zesty Sour Cream, Tomato,
Onion & Lettuce Wrapped in a Flour Tortilla

BBQ Tofu Wrap \$5

with Onion, Tomato & Lettuce

Jerk Tofu Wrap \$5

with Onion, Tomato & Lettuce

Quesadillas

QuesaPepper \$5

Sauteed Peppers, Onions and Cheese in a
Tortilla Served with Salsa and Sour Cream

Cheese Quesadilla \$3

Served with Salsa and Sour Cream

Jerk Chicken or Tofu

(This Is Very Hot Stuff!)

Served as an Entree with 2 Sides \$8

Dogs

(Comes with Chips)

Hot Dog \$3

Bratwurst \$4

Drinks

**Coke, Diet Coke, Sprite,
Root Beer, Ginger Ale
or Bottled Water** \$1

Iced Tea or Fruit Juice \$2
(one free refill on iced tea)

Ice, Cup, or Cup of Ice \$1

**Be sure to join our email list
to find out about our weekly specials!**