

Happy Tummy Menu

Nov 13-15, 2008

This Week's Special!

Chicken Tetrizzini \$7
Served with Green Beans and
Garlic Herb FredBread Bun

Side Items

\$2 each

- **White Chili** (Vegetarian)
- **Cornbread**
- **Green Beans**
- **Garlic Herb FredBread Buns with
Rosemary Balsamic Dipping Oil**
- **Sweet & Nutty Moroccan Couscous**
- **Hoppin' John** (Black-Eye Peas,
Tomatoes & Jalapenos)
- **Slaw-ter** (Spicy Slaw)

*Substitute a Side Item for Chips For Only \$1 More

Desserts

\$2 each

- **Cranberry Applesauce Muffins**
- **Hella Brownies**

Happy Tummy is located at
Lowe Mill, 2211 Seminole Dr
256-348-8132

Hours

Thursday - Saturday
Noon to 8pm

Sandwiches

(Comes with Chips)

This Week's Suggestions

Sleep With the Fishes \$5
Tuna, Wasabi, Mayonnaise, Ginger,
Green Onion and Greens
Served on Toasted White FredBread

Hephaestus Wrap \$5
Turkey, Feta, Pepperoncini, Olives,
Lettuce, Tomato and Onion in a Wrap
Served with Tzatziki Dip

Soup & Grilled Cheese \$5

Cold Cuts \$5
(Served Hot or Cold)
- Your Choice of: Ham, Turkey, Salami, Bacon

Veggie Burger \$5

Jerk Chicken Sandwich \$6

Grilled Cheese \$3

Peanut Butter or Nutella \$2
with your choice of Jam

Quesadillas

Caribbean Quesadilla \$5
Pineapple, Cheese and Bacon in a Quesadilla
Served with Honey Mustard Dip

Cheese Quesadilla \$3

Salads

Jerk Chicken or Tofu Salad \$5

Spring Mix or Spinach \$4
with your choice of toppings

Sleep With the Fishes II \$5
Tuna, Wasabi, Mayonnaise, Ginger,
Green Onion and Spinach Served on a Bed
of Greens

Dogs

(Comes with Chips)

Hot Dog \$2

Slaw-ter Dog \$3

Bratwurst \$4

Jerk Chicken or Tofu \$8
Served as an Entree with 2 Sides

Drinks

Coke, Diet Coke, Sprite, Root Beer
or **Bottled Water** \$1

Iced Tea or Fruit Juice \$2
(one free refill on iced tea)

Hot Coffee

Hot Tea

Hot Cocoa \$1

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to find out about our weekly specials!**

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