

Happy Tummy Menu

Sept 9-12, 2009

This Week's Special!

Honey, You Must \$6

Baked Chicken Served Over Greens with
Onion, Croutons, Tomatoes, Bacon & Honey
Mustard Vinaigrette

Side Items

\$2 each

- Mushroom & Onion Rice
- Veggies with Veggie Cream Cheese
- Asparagus & Cucumber Salad
- Fresh Fruit
- Butterscotch Pecan Ice Cream
- Key Lime Pie Ice Cream
- Sweet & Salty Snack Mix
- Dried Fruit & Nuts (\$3)

*Substitute a Side Item for Chips For Only \$1 More

Hours

Wed & Thurs: Noon-6pm
Friday: Noon-8pm
Sat: Noon-4pm

We will be CLOSED Sept 19-26

mmmhappytummy.com

Sandwiches

(Comes with Chips)

This Week's Suggestions

Mediterranean Tuna \$5

Tuna, Pesto, Sundried Tomato, Artichoke
Hearts, Olives, Onion, Mayo and Lettuce
Served on Sundried Tomato Basil FredBread

Build Your Own Sandwich

Ham or Turkey \$5

Jerk Chicken Sandwich \$6

Veggie Burger \$5

Grilled Cheese (Bread & Cheese Only) \$3

With Your Choice of

Bread: Wheat, Jalapeno Cheddar or Rye

Cheese: Swiss, Cheddar, Pepperjack, American

Toppings: Lettuce, Tomato, Onion

Condiments: Mayo, Yellow or Brown Mustard

Wraps

(Comes with Chips)

Turkey Garden Wrap \$5

Turkey, Veggie Cream Cheese, Tomato,
Onion & Lettuce Wrapped in a Flour Tortilla

BBQ Tofu Wrap \$5

with Onion, Tomato & Lettuce

Jerk Tofu Wrap \$5

with Onion, Tomato & Lettuce

Quesadillas

QuesaPepper \$5

Bell Peppers, Onion and Cheese in a Tortilla
Served with Salsa & Sour Cream
Add Jerk Chicken for \$1

Cheese Quesadilla \$3

Served with Salsa and Sour Cream

Jerk Chicken or Tofu

(This Is Very Hot Stuff!)

Served as an Entree with 2 Sides \$8

Dogs

(Comes with Chips)

Hot Dog \$3

Bratwurst \$4

Add Peppers & Onions for \$1

Drinks

**Coke, Diet Coke, Sprite,
Root Beer, Ginger Ale
or Bottled Water** \$1

Iced Tea or Fruit Juice \$2
(one free refill on iced tea)

Ice, Cup, or Cup of Ice \$1

**Be sure to join our email list
to find out about our weekly specials!**