

## Happy Tummy Menu

April 16-18, 2009

### This Week's Special!

#### Mexican Melee \$6

Ground Beef, Onions, Peppers, Black Beans, Corn, Olives, Tomatoes, Cheese, Jalapenos Served Over Tortilla Chips with Sour Cream and Salsa

#### Side Items

\$2 each

- Spinach, Mushroom, Onion & Tofu Soup
- Vegetable Long Grain & Wild Rice
- Orange Carrot Salad
- Spicy Sesame Green Beans
- Pineapple Cake
- Mango Peach Ice Cream

\*Substitute a Side Item for Chips For Only \$1 More

#### Hours

Thursday - Saturday  
Noon to 8pm

#### Our Hours Will Change May 1

Wed & Thurs: Noon to 6pm  
Fri: Noon to 8pm  
Sat: Noon to 4pm

**We Will Be Closed Saturday April 25**

## Sandwiches

(Comes with Chips)

### This Week's Suggestions

#### This Little Horsey \$6

Roast Beef, Lettuce, Tomato, Swiss and Horseradish Mayo on Toasted FredBread

#### Chicken of the Green \$5

Herb Chicken, Celery, Cucumber, Onion, and Greens in a Wrap Served with Green Goddess Dip

#### Build Your Own Sandwich \$5

Your Choice of

Bread: White, Wheat, Jalapeno Cheddar

Meat: Ham, Turkey, or Bacon

Cheese: Swiss, Provolone,

Cheddar, Pepperjack, American

Toppings: Lettuce, Tomato, Onion

Condiments: Mayo, Yellow or Brown Mustard

#### Veggie Burger \$5

#### Jerk Chicken Sandwich \$6

#### Grilled Cheese \$3

#### Jerk Chicken or Tofu

(This Is Very Hot Stuff!)

#### Jerk Chicken or Tofu \$8

Served as an Entree with 2 Sides

#### Jerk Chicken or Tofu Salad \$5

## Quesadillas

#### QuesaPepper \$5

Sauteed Peppers and Onions with Shredded Cheese and Served with Salsa & Sour Cream

Add Jerk Chicken for \$1 More

#### Cheese Quesadilla \$3

Served with Salsa and Sour Cream

## Dogs

(Comes with Chips)

#### Hot Dog \$3

#### Bratwurst \$4

Add Slaw-ter (Spicy Slaw) for \$1

## Drinks

Coke, Diet Coke, Sprite, Root Beer,  
Ginger Ale or Bottled Water \$1

Iced Tea or Fruit Juice \$2  
(one free refill on iced tea)

Coffee, Hot Tea or Hot Cocoa \$1

Happy Tummy is located at  
Lowe Mill, 2211 Seminole Dr  
256-348-8132

[mmmhappytummy.com](http://mmmhappytummy.com)

**Be sure to join our email list  
to find out about our weekly specials!**