

Happy Tummy Menu

April 14-17, 2010

Porky's Revenge \$6

Chipotle Slow Roasted Pork Served with Flour Tortillas, Lettuce, Cheese, Refried Black Beans, Mexican Rice, Picante Sauce, Sour Cream and Salsa Verde

Side Items

\$2 each

- Fresh Veggies with Ranch Dip
- Refried Black Beans & Mexican Rice
- Asparagus Cucumber Salad
- Snack Mix
- Ginger Carrot Cake
- Banana Split Ice Cream

*Substitute a Side Item for Chips For Only \$1 More

Hours

Wed & Thurs: Noon-6pm

Friday: Noon-8pm

Sat: Noon-4pm

Happy Tummy is located at
Lowe Mill, 2211 Seminole Dr
256-348-8132

mmmhappytummy.com

**Be sure to join our email list
to find out about our weekly specials!**

Sandwiches

(Comes with Chips)

What the Cluck \$6

Shredded Buffalo Chicken and Ranch Slaw
Served on a FredBread Bun

Build Your Own Sandwich

Ham or Turkey \$5

Jerk Chicken Sandwich \$6

With Your Choice of

Bread: Wheat, Jalapeno Cheddar or Rye

Cheese: Swiss, Cheddar, Pepperjack, American

Toppings: Lettuce, Tomato, Onion

Condiments: Mayonnaise, Baconnaise, Ketchup,
Yellow or Brown Mustard

Grilled Cheese (Bread & Cheese Only) \$3

Burgers

Hamburger, Veggie or Black Bean Burger \$6
on a White or Jalapeno Cheddar FredBread Bun

Wraps

Dirty Bird \$5

Turkey, Onion, Lettuce and Raspberry Cream
Cheese Wrapped in a Wheat Tortilla Topped
With a Light Sprinkling of Cocoa

Tofu Wrap \$5

BBQ Or Jerk* Seasoned Tofu
with Onion, Tomato & Lettuce
*Jerk is VERY Spicy

Quesadillas

Hoo Wee Quesadilla \$6

Shrimp, Onion, Pepper, Tomato and Cheese in a
Quesadilla Served with Salsa & Sour Cream

Cheese Quesadilla \$3

Served with Salsa and Sour Cream
Add Bacon for \$1

Dogs

(Comes with Chips)

Hot Dog \$3

Bratwurst \$4

Condiments: Yellow or Brown Mustard,
Ketchup, Kraut, Relish, Onion

Jerk Chicken or Tofu

(This Is Very Hot Stuff!)

Served as an Entree with 2 Sides \$8

Drinks

Coke, Diet Coke, Sprite, Root Beer,
Ginger Ale or Bottled Water \$1

Iced Tea (1 free refill) \$2

Fruit Juice \$2

Ice, Cup, or Cup of Ice \$1