

Happy Tummy Menu

Dec 18-20, 2008

This Week's Special!

Chili Bowl \$6

Beef Chili in a FredBread Bowl and Topped with Cheese, Sour Cream and Green Onions & Served with a Side Salad

Side Items

\$2 each

- **Ginger Carrot Soup**
- **Green Bean Casserole**
- **Onion & Mushroom Rice Pilaf**
- **Side Salad**
- **Corn and Black Bean Salad**
- **Sauteed Butternut Squash, Cranberry and Walnut;**
- **Apricot FredBread Roll & Brown Sugar Butter**

*Substitute a Side Item for Chips For Only \$1 More

Desserts

\$2 each

- **Apple Pear Cake**
- **Pumpkin Ice Cream**
- **Cookies**

Holiday Schedule

Happy Tummy will be CLOSED:

Christmas Week (Dec 25-27)

New Year's Week (Jan 1-3)

Sandwiches

(Comes with Chips)

This Week's Suggestions

Xmas Chick \$5

Almond Cherry Chicken Salad, Herb Mayo and Celery Served on Toasted FredBread

Grinch Wrap \$5

Ham, Provolone, Pesto, Tomato, Onion & Greens in a Wrap Served with Marinara Dip

Carrot Soup & Grilled Cheese \$5

Build Your Own Sammie \$5

(Served Hot or Cold)

- Your Choice of: Ham, Turkey, Bacon

Veggie Burger \$5

Jerk Chicken Sandwich \$6

Grilled Cheese \$3

Peanut Butter or Nutella \$2

with your choice of Jam

**Be sure to join our email list
to find out about our weekly specials!**

Hours

Thursday - Saturday
Noon to 8pm

Happy Tummy is located at
Lowe Mill, 2211 Seminole Dr
256-348-8132

Quesadillas

Feliz Navidilla \$5

Corn, Black Beans, Onions and Bell Pepper in a Quesadilla Served with Salsa & Sour Cream

Cheese Quesadilla \$3

Salads

Jerk Chicken or Tofu Salad \$5

Spring Mix or Spinach \$4

with your choice of toppings

Dogs

(Comes with Chips)

Hot Dog \$2

Bratwurst \$4

Add Slaw-ter (Spicy Slaw) for \$1

Jerk Chicken or Tofu \$8

Served as an Entree with 2 Sides

Drinks

**Coke, Diet Coke, Sprite, Root Beer
or Bottled Water \$1**

Iced Tea or Fruit Juice \$2
(one free refill on iced tea)

Hot Tea or Hot Cocoa \$1

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