

Happy Tummy Menu

Dec 9-12, 2009

Baby Got Beef \$6

Sauteed Beef with Peppers, Onions & Mushrooms Served Over Rice with a Side Salad and a FredBread Roll

Side Items

\$2 each

- Chicken with Rice Soup
- Side Salad
- Jalapeno Popper Dip & Toast
- Creamy Tomato Basil Soup
- Hello Dollies
- Lime M&M Ice Cream
- Pineapple Ice Cream

*Substitute a Side Item for Chips For Only \$1 More

Hours

Wed & Thurs: Noon-6pm

Friday: Noon-8pm

Sat: Noon-4pm

Happy Tummy is located at
Lowe Mill, 2211 Seminole Dr
256-348-8132

mmmhappytummy.com

Be sure to join our email list
to find out about our weekly specials!

Sandwiches

(Comes with Chips)

Bad Apple \$6

Turkey, Bacon, Swiss, Lettuce, Onion,
Honey Mustard & Apple Butter Spread
on Apple FredBread

Build Your Own Sandwich

Ham, Turkey or Roast Beef \$5

Jerk Chicken Sandwich \$6

Hamburger \$5

Veggie Burger \$5

With Your Choice of

Bread: Wheat, Jalapeno Cheddar or Rye

Cheese: Swiss, Cheddar, Pepperjack, American

Toppings: Lettuce, Tomato, Onion

Condiments: Mayonnaise, Ketchup,
Yellow or Brown Mustard

Grilled Cheese (Bread & Cheese Only) \$3

Wraps

(Comes with Chips)

Swimmin' Upstream \$6

Salmon, Herbed Cream Cheese, Capers,
Onions and Lettuce in a Wrap

BBQ Tofu Wrap \$5

with Onion, Tomato & Lettuce

Jerk Tofu Wrap \$5

(This is Very Hot Stuff!)

with Onion, Tomato & Lettuce

Quesadillas

Asian Persuasion \$5

Roasted Asparagus, Water Chestnuts, Onions
and Cheese with Asian Mustard Sour Cream
Add Bacon for \$1

Cheese Quesadilla \$3

Served with Salsa and Sour Cream
Add Bacon for \$1

Dogs

(Comes with Chips)

Hot Dog \$3

Bratwurst \$4

Condiments: Yellow or Brown Mustard,
Ketchup, Kraut, Relish, Onion

Jerk Chicken or Tofu

(This Is Very Hot Stuff!)

Served as an Entree with 2 Sides \$8

Drinks

Coke, Diet Coke, Sprite, Root Beer,
Ginger Ale or Bottled Water \$1

Iced Tea (1 free refill) \$2

Fruit Juice \$2

Coffee, Hot Tea or Hot Cocoa \$1

Ice, Cup, or Cup of Ice \$1