

Happy Tummy Menu

January 13-16, 2010

Mexican Melee \$6

Ground Beef, Onions, Peppers, Black Beans, Corn, Tomatoes and Cheese Over Tortilla Chips With Salsa & Sour Cream

Side Items

\$2 each

- Fresh Fruit

- Butternut Squash, Cranberry & Walnuts

- Jalapeno Cream Cheese with Crackers

- Tomato Soup

- Apple Cranberry Spice Cake

- Caramel Snicker Ice Cream

*Substitute a Side Item for Chips For Only \$1 More

Hours

Wed & Thurs: Noon-6pm

Friday: Noon-8pm

Sat: Noon-4pm

Happy Tummy is located at
Lowe Mill, 2211 Seminole Dr
256-348-8132

mmmhappytummy.com

**Be sure to join our email list
to find out about our weekly specials!**

Sandwiches

(Comes with Chips)

Diablito \$5

Turkey, Lettuce, Tomato, Onion and Jalapeno Cream Cheese on Jalapeno Cheddar FredBread

Build Your Own Sandwich

Ham or Turkey \$5

Jerk Chicken Sandwich \$6

Hamburger \$6

Veggie Burger \$6

With Your Choice of

Bread: Wheat, Jalapeno Cheddar or Rye

Cheese: Swiss, Cheddar, Pepperjack, American

Toppings: Lettuce, Tomato, Onion

Condiments: Mayonnaise, Ketchup,
Yellow or Brown Mustard

Grilled Cheese (Bread & Cheese Only) \$3

Wraps

(Comes with Chips)

Happle \$5

Ham, Swiss, Sweet Apple Mustard,
Red Onion & Lettuce
Wrapped in a Flour Tortilla

BBQ Tofu Wrap \$5

with Onion, Tomato & Lettuce

Jerk Tofu Wrap \$5

(This is Very Hot Stuff!)

with Onion, Tomato & Lettuce

Quesadillas

TaterDilla \$5

Mashed Potatoes and Cheese in a Tortilla
Served with Salsa & Sour Cream
Add Bacon for \$1

Cheese Quesadilla \$3

Served with Salsa and Sour Cream
Add Bacon for \$1

Dogs

(Comes with Chips)

Hot Dog \$3

Bratwurst \$4

Condiments: Yellow or Brown Mustard,
Ketchup, Kraut, Relish, Onion

Jerk Chicken or Tofu

(This Is Very Hot Stuff!)

Served as an Entree with 2 Sides \$8

Drinks

**Coke, Diet Coke, Sprite, Root Beer,
Ginger Ale or Bottled Water** \$1

Iced Tea (1 free refill) \$2

Fruit Juice \$2

Coffee, Hot Tea or Hot Cocoa \$1

Ice, Cup, or Cup of Ice \$1