

Happy Tummy Menu

January 20-23, 2010

Chicken Santa Fe Soup in Bread Bowl \$6

Creamy Chicken Soup with Vegetables
Served in a Bread Bowl and
Topped with Shred Cheese

Side Items

\$2 each

- Spinach Herbed Rice
- Brussels Sprouts
- Creamy Tomato Basil Soup
- Cookies
- Double Chocolate Brownies
- Dried Fruit & Nuts

*Substitute a Side Item for Chips For Only \$1 More

Hours

Wed & Thurs: Noon-6pm
Friday: Noon-8pm
Sat: Noon-4pm

Happy Tummy is located at
Lowe Mill, 2211 Seminole Dr
256-348-8132

mmmhappytummy.com

Be sure to join our email list
to find out about our weekly specials!

Sandwiches

(Comes with Chips)

Deli-cious \$6

Ham, Salami, Swiss, Lettuce, Tomato, Olive
Relish, Herbed Oil & Vinegar on Cuban Bread

Build Your Own Sandwich

| | |
|-----------------------|-----|
| Ham or Turkey | \$5 |
| Jerk Chicken Sandwich | \$6 |
| Hamburger | \$6 |
| Veggie Burger | \$6 |

With Your Choice of

Bread: Wheat, Jalapeno Cheddar or Rye
Cheese: Swiss, Cheddar, Pepperjack, American
Toppings: Lettuce, Tomato, Onion
Condiments: Mayonnaise, Baconnise, Ketchup,
Yellow or Brown Mustard

Grilled Cheese (Bread & Cheese Only) \$3

Wraps

(Comes with Chips)

Tex-Mex Wrap \$5

Turkey, Pepperjack Cheese, Zesty Guacamole
Spread, Tomato, Onion & Lettuce
Wrapped in a Wheat or Jalapeno Tortilla

BBQ Tofu Wrap \$5

with Onion, Tomato & Lettuce

Jerk Tofu Wrap \$5

(This is Very Hot Stuff!)
with Onion, Tomato & Lettuce

Quesadillas

Peachy Keen \$5

Sauteed Peaches and Onions with Cheese in a
Tortilla Served with Fruit Salsa

Cheese Quesadilla \$3

Served with Salsa and Sour Cream
Add Bacon for \$1

Dogs

(Comes with Chips)

Hot Dog \$3

Bratwurst \$4

Condiments: Yellow or Brown Mustard,
Ketchup, Kraut, Relish, Onion

Jerk Chicken or Tofu

(This Is Very Hot Stuff!)

Served as an Entree with 2 Sides \$8

Drinks

Coke, Diet Coke, Sprite, Root Beer,
Ginger Ale or Bottled Water \$1

Iced Tea (1 free refill) \$2

Fruit Juice \$2

Coffee, Hot Tea or Hot Cocoa \$1

Ice, Cup, or Cup of Ice \$1