

## Happy Tummy Menu

January 6-9, 2010

**Tater Pig** \$6

Large Baked Potato Served With  
Roasted Pork, Butter, Sour Cream, Cheese,  
Green Onion and White BBQ Sauce  
Add Bacon for \$1

### Side Items

\$2 each

-**Broccoli Salad**

- **Cranberry Spinach Salad**

- **Egyptian Spinach Soup**

- **Tomato Soup**

- **Apple Cranberry Spice Cake**

- **Caramel Snicker Ice Cream**

\*Substitute a Side Item for Chips For Only \$1 More

### Hours

Wed & Thurs: Noon-6pm

Friday: Noon-8pm

Sat: Noon-4pm

Happy Tummy is located at  
Lowe Mill, 2211 Seminole Dr  
256-348-8132

[mmmhappytummy.com](http://mmmhappytummy.com)

**Be sure to join our email list  
to find out about our weekly specials!**

## Sandwiches

(Comes with Chips)

**Fell-A-Fell** \$5

Baked Falafel, Lettuce, Tomato and Sesame  
Sauce on Spinach Feta FredBread

### Build Your Own Sandwich

**Ham or Turkey** \$5

**Jerk Chicken Sandwich** \$6

**Hamburger** \$6

**Veggie Burger** \$6

With Your Choice of

Bread: Wheat, Jalapeno Cheddar or Rye

Cheese: Swiss, Cheddar, Pepperjack, American

Toppings: Lettuce, Tomato, Onion

Condiments: Mayonnaise, Ketchup,  
Yellow or Brown Mustard

**Grilled Cheese** (Bread & Cheese Only) \$3

### Wraps

(Comes with Chips)

**Tuna Veg Wrap** \$5

Tuna, Broccoli, Cauliflower, Celery, Mayo,  
Onion and Lettuce in a Wrap

**BBQ Tofu Wrap** \$5

with Onion, Tomato & Lettuce

**Jerk Tofu Wrap** \$5

(This is Very Hot Stuff!)  
with Onion, Tomato & Lettuce

## Quesadillas

**High Stakes** \$6

Steak, Peppers, Mushrooms, Onions  
and Cheese with Salsa Sour Cream

**Cheese Quesadilla** \$3

Served with Salsa and Sour Cream  
Add Bacon for \$1

### Dogs

(Comes with Chips)

**Hot Dog** \$3

**Bratwurst** \$4

Condiments: Yellow or Brown Mustard,  
Ketchup, Kraut, Relish, Onion

**Jerk Chicken or Tofu**

(This Is Very Hot Stuff!)

Served as an Entree with 2 Sides \$8

### Drinks

**Coke, Diet Coke, Sprite, Root Beer,  
Ginger Ale or Bottled Water** \$1

**Iced Tea** (1 free refill) \$2

**Fruit Juice** \$2

**Coffee, Hot Tea or Hot Cocoa** \$1

**Ice, Cup, or Cup of Ice** \$1