

Happy Tummy Menu

Jan 8-10, 2009

This Week's Special!

Chicken Etouffee \$6

Chicken Etouffee Served Over Dirty Rice with a Chunk of FredBread Baguette

Side Items

\$2 each

- Green and Beans Soup
- Broccoli with Poppy Seed Butter
- Mexican Pasta Salad
- Dirty Rice
- Savory FredBread Roll with Herbed Oil & Vinegar
- Banana Pudding
- Lemon Sour Cream Pound Cake

*Substitute a Side Item for Chips For Only \$1 More

Hours

Thursday - Saturday
Noon to 8pm

Happy Tummy is located at
Lowe Mill, 2211 Seminole Dr
256-348-8132

mmmhappytummy.com

Sandwiches

(Comes with Chips)

This Week's Suggestions

Orange Ginger Tuna \$5

Tuna, Orange, Ginger, Mayo, Lemon Juice, and Cashews Served on Toasted FredBread

Monte Cristo Wrap \$5

Turkey, Ham, Swiss, Greens and Raspberry Mayo Served in a Flour Wrap

Build Your Own S sammie \$5

(Served Hot or Cold)

- Your Choice of: Ham, Turkey, Bacon

Veggie Burger \$5

Jerk Chicken Sandwich \$6

Grilled Cheese \$3

Peanut Butter or Nutella \$2

with your choice of Jam

Combinations

Jerk Chicken or Tofu \$8

Served as an Entree with 2 Sides

Soup & Grilled Cheese \$5

**Be sure to join our email list
to find out about our weekly specials!**

Quesadillas

Tater Quesadilla \$5

Smashed Potatoes, Bacon, Green Onion and Cheese in a Quesadilla Served with Salsa & Sour Cream

Cheese Quesadilla \$3

Salads

Jerk Chicken or Tofu Salad \$5

Spring Mix or Spinach \$4

with your choice of toppings

Dogs

(Comes with Chips)

Hot Dog \$2

Bratwurst \$4

Add Slaw-ter (Spicy Slaw) for \$1

Drinks

**Coke, Diet Coke, Sprite, Root Beer
or Bottled Water \$1**

Iced Tea or Fruit Juice \$2

(one free refill on iced tea)

Hot Tea or Hot Cocoa \$1