

## Happy Tummy Menu

July 15-18, 2009

### This Week's Special!

**Green Curry** \$6

Vegetable Green Curry With  
Bamboo Shoots, Bell Pepper and Carrot in  
Coconut Milk Served over Jasmine Rice  
(Add Chicken for \$1 More)

### Side Items

\$2 each

- Watermelon Gazpacho
- Potato Salad
- Slaw
- Fresh Fruit
- Lemongrass Ginger Sorbet
- Mango Ice Cream

\*Substitute a Side Item for Chips For Only \$1 More

### Hours

Wed & Thurs: Noon-6pm  
Friday: Noon-8pm  
Sat: Noon-4pm

Happy Tummy is located at  
Lowe Mill, 2211 Seminole Dr  
256-348-8132

mmmhappytummy.com

## Sandwiches

(Comes with Chips)

### This Week's Suggestions

**Squeal Like a Pig** \$6

Roasted Pork Served Open Face on an Onion  
FredBread Roll with a Side of Slaw,  
White BBQ Sauce and Chips

### Build Your Own Sandwich

**Ham or Turkey** \$5

**Jerk Chicken Sandwich** \$6

**Veggie Burger** \$5

**Grilled Cheese** (Bread & Cheese Only) \$3

With Your Choice of

Bread: Wheat, Jalapeno Cheddar or Rye  
Cheese: Swiss, Cheddar, Pepperjack, American  
Toppings: Lettuce, Tomato, Onion  
Condiments: Mayo, Yellow or Brown Mustard

## Wraps

(Comes with Chips)

**Creature From The Black Lagoon** \$5

Tuna, Lemon, Garlic, Pesto, Onion and  
Lettuce Wrapped in a Tortilla

**BBQ Tofu Wrap** \$5

with Onion, Tomato & Lettuce

**Jerk Tofu Wrap** \$5

with Onion, Tomato & Lettuce

## Quesadillas

**Spin the Quesadilla** \$5

Spinach, Artichokes, Olives, Onions,  
and Cheese in a Tortilla  
Served with Marinara Sauce

**Cheese Quesadilla** \$3

Served with Salsa and Sour Cream

**Jerk Chicken or Tofu**

(This Is Very Hot Stuff!)

Served as an Entree with 2 Sides \$8

## Dogs

(Comes with Chips)

**Hot Dog** \$3

**Bratwurst** \$4

## Drinks

**Coke, Diet Coke, Sprite,  
Root Beer, Ginger Ale  
or Bottled Water** \$1

**Iced Tea or Fruit Juice** \$2  
(one free refill on iced tea)

**Ice, Cup, or Cup of Ice** \$1

**Be sure to join our email list  
to find out about our weekly specials!**