

Happy Tummy Menu

June 10-13, 2009

This Week's Special!

Fiesta Salad \$5

Mixed Greens Salad Topped with Black Bean and Corn Salsa, Cheese, Served with Salsa, Sour Cream and Tortilla Chips

Side Items

\$2 each

- Black Bean and Corn Salsa
- Fresh Fruit
- Moroccan Couscous
- Broccoli Salad
- Asparagus & Cucumber Salad
- Lime and M&M Ice Cream

*Substitute a Side Item for Chips For Only \$1 More

Hours

Wed & Thurs: Noon-6pm
Friday: Noon-8pm
Sat: Noon-4pm

Happy Tummy is located at
Lowe Mill, 2211 Seminole Dr
256-348-8132

mmmhappytummy.com

Sandwiches

(Comes with Chips)

This Week's Suggestions

Fishy Fish \$5

Tuna, Apple, Golden Raisins, Mayo,
Pecans, Relish, Lettuce and Pepperjack
Cheese on Toasted FredBread

Build Your Own Sandwich

Ham or Turkey \$5

Jerk Chicken Sandwich \$6

Veggie Burger \$5

Grilled Cheese \$3

With Your Choice of

Bread: Wheat, Jalapeno Cheddar or Rye

Cheese: Swiss, Provolone,

Cheddar, Pepperjack, American

Toppings: Lettuce, Tomato, Onion

Condiments: Mayo, Yellow or Brown Mustard

Wraps

(Comes with Chips)

Fuzzy Bird \$5

Turkey, Swiss, Peach & Onion, Mustard and
Lettuce Wrapped in a Flour Tortilla

BBQ Tofu Wrap \$5

with Onion, Tomato & Greens

Jerk Tofu Wrap \$5

with Onion, Tomato & Greens

Quesadillas

Peachy Keen \$5

Sauteed Peaches & Onions and Cheese in a
Tortilla Served with Fruit Salsa

Cheese Quesadilla \$3

Served with Salsa and Sour Cream

Jerk Chicken or Tofu

(This Is Very Hot Stuff!)

Served as an Entree with 2 Sides \$8

Dogs

(Comes with Chips)

Hot Dog \$3

Bratwurst \$4

Drinks

Coke, Diet Coke, Sprite,
Root Beer, Ginger Ale
or Bottled Water \$1

Iced Tea or Fruit Juice \$2
(one free refill on iced tea)

Ice, Cup, or Cup of Ice \$1

**Be sure to join our email list
to find out about our weekly specials!**