

Happy Tummy Menu

June 17-20, 2009

This Week's Special!

This Little Chickie \$5

Chicken and Vegetable Pasta with Marinated Squash, Bell Pepper, Onion, Cucumber and Served Over a Bed of Lettuce

Side Items

\$2 each

- Walnut Cranberry Spinach Salad

- Asian Slaw

- Fruit Salad

- Chips & Salsa

- Lemon Cheesecake

- Pomegranate Ice Cream

*Substitute a Side Item for Chips For Only \$1 More

Hours

Wed & Thurs: Noon-6pm

Friday: Noon-8pm

Sat: Noon-4pm

Happy Tummy is located at
Lowe Mill, 2211 Seminole Dr
256-348-8132

mmmhappytummy.com

Sandwiches

(Comes with Chips)

This Week's Suggestions

Chicken Salad \$5

Chicken Salad with Grapes, Onion, Celery, Mayo and Lettuce on Toasted FredBread

Build Your Own Sandwich

Ham or Turkey \$5

Jerk Chicken Sandwich \$6

Veggie Burger \$5

Grilled Cheese \$3

With Your Choice of

Bread: Wheat, Jalapeno Cheddar or Rye

Cheese: Swiss, Provolone,

Cheddar, Pepperjack, American

Toppings: Lettuce, Tomato, Onion

Condiments: Mayo, Yellow or Brown Mustard

Wraps

(Comes with Chips)

Taco Turkey Wrap \$5

Turkey, Cheese, Zesty Sour Cream, Tomato, Onion & Lettuce Wrapped in a Flour Tortilla

BBQ Tofu Wrap \$5

with Onion, Tomato & Greens

Jerk Tofu Wrap \$5

with Onion, Tomato & Greens

Quesadillas

Mexiterranean \$5

Black Beans, Artichokes, Onions and Cheese in a Tortilla Served with Salsa and Sour Cream

Cheese Quesadilla \$3

Served with Salsa and Sour Cream

Jerk Chicken or Tofu

(This Is Very Hot Stuff!)

Served as an Entree with 2 Sides \$8

Dogs

(Comes with Chips)

Hot Dog \$3

Bratwurst \$4

Drinks

**Coke, Diet Coke, Sprite,
Root Beer, Ginger Ale
or Bottled Water** \$1

Iced Tea or Fruit Juice \$2
(one free refill on iced tea)

Ice, Cup, or Cup of Ice \$1

**Be sure to join our email list
to find out about our weekly specials!**