

Happy Tummy Specials

June 9-12, 2010

Poppy Love \$6

Baked Chicken in a Poppyseed Almond Cream Sauce Served Over Mushroom & Onion Rice

Side Items

\$2 each

- **Gazpacho**
- **Ginger Pear Spinach Salad**
- **Mushroom & Onion Rice**
- **Dessert** (Listed Below)

Sandwich

(Comes with Chips)

Fell-A-Fell \$5

Baked Falafel, Lettuce, Tomato and Sesame Sauce on Spinach Feta FredBread

Wrap

(Comes with Chips)

The Pipeline \$5

Ham and Pineapple Cream Cheese with Onions and Lettuce Served in a Wheat Wrap

Quesadilla

Thai Quesadilla \$5

Thai Chicken, Red Onion and Cheese in a Tortilla and Served with Peanut Dipping Sauce

Snacks and Desserts

- **Snack Mix** \$2
- **Dried Fruit & Nut Mix** \$2
- **Ice Cream** \$2
- **Cookies** \$2
- **Fruit Sorbet** \$3
- **Ice Cream Sandwich** \$1
- **FlaVorIce** 25¢

Happy Tummy Menu

Sandwiches

(Comes with Chips)

Ham	\$5
Turkey	\$5
Roast Beef	\$5
Jerk Chicken Sandwich	\$6
Hamburger	\$6
Veggie Burger	\$6
Black Bean Burger	\$6

Grilled Cheese (Bread & Cheese Only) \$3

Additional Toppings Add \$1

Wraps

(Comes with Chips)

BBQ Tofu Wrap \$5
BBQ Seasoned Tofu with Onion, Tomato & Lettuce

Jerk Tofu Wrap \$5
Jerk Seasoned Tofu with Onion, Tomato & Lettuce
This is VERY Spicy

Dogs

(Comes with Chips)

Kosher Beef Hot Dog	\$3
Bratwurst	\$4
Vegan Hot Dog	\$4

Quesadillas

(Served with Salsa and Sour Cream)

Cheese Quesadilla	\$3
Bacon Quesadilla	\$4
Jerk Chicken Quesadilla	\$5
BBQ Tofu Quesadilla	\$5
Jerk Tofu Quesadilla	\$5

Jerk Chicken or Tofu

(This Is Very Spicy Stuff!)

Served as an Entree with 2 Side Items \$8

Available Options

FredBread

Wheat, Jalapeno Cheddar or Rye
White or Jalapeno Cheddar Bun for Burgers

Wrap

Wheat or Jalapeno Cheddar Tortilla

Cheese

Swiss, Cheddar, Pepperjack, American

Toppings

Lettuce, Tomato, Onion

Condiments

Mayonnaise, Baconnaise, Ketchup, Yellow Mustard,
Brown Mustard, Kraut, Relish

Chips

Sea Salt, BBQ or Jalapeno Kettle Chips
Original or Harvest Cheddar Sun Chips
*Substitute a Side Item for \$1

Drinks

**Coke, Diet Coke, Sprite, Root Beer,
Ginger Ale or Bottled Water** \$1

Iced Tea (1 free refill) \$2

Fruit Juice \$2

Ice, Cup, or Cup of Ice \$1

Hours

Wed & Thurs: Noon-6pm
Friday: Noon-8pm, Sat: Noon-4pm

Happy Tummy is located at Lowe Mill,
2211 Seminole Dr
256-348-8132

mmmhappytummy.com

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Be sure to check our Weekly Specials Menu!