

Happy Tummy Menu

March 12-14, 2009

This Week's Special!

Tuna Curry \$6

Tuna Curry Served over Rice Noodles with Bean Sprouts, Green Beans and Sour Mustard

Side Items

\$2 each

- Herbed Potato Salad

- Borscht

- Broccoli Salad

- Black Bean Hummus & Tortilla Chips

- Butter Pecan Ice Cream

- Key Lime Cake

*Substitute a Side Item for Chips For Only \$1 More

Hours

Thursday - Saturday

Noon to 8pm

Happy Tummy is located at
Lowe Mill, 2211 Seminole Dr

256-348-8132

mmmhappytummy.com

**Be sure to join our email list
to find out about our weekly specials!**

Sandwiches

(Comes with Chips)

This Week's Suggestions

Deli Style Tuna \$5

Tuna, Onion, Bell Pepper, Olive, Egg, Tomato, and Dijon Vinaigrette in a FredBread Baguette

Yummilicious \$5

Turkey, Bacon, Strawberries, Bleu Cheese Cream Cheese and Spinach Wrapped in a Flour Tortilla

Build Your Own Sammie \$5

(Served Hot or Cold on Fresh FredBread)

- Your Choice of: Ham, Turkey, or Bacon

Veggie Burger \$5

Jerk Chicken Sandwich \$6

Grilled Cheese \$3

Peanut Butter \$2

with your choice of Jam

Combinations

Jerk Chicken or Tofu \$8

Served as an Entree with 2 Sides

Borscht & Grilled Cheese \$5

Quesadillas

QuesaRoma \$5

Sundried Tomato, Olive, Onion and Cheese in a Quesadilla Served with Pesto Marinara

Cheese Quesadilla \$3

Salads

Jerk Chicken or Tofu Salad \$5

Spring Mix \$4

with your choice of toppings

Dogs

(Comes with Chips)

Hot Dog \$3

Bratwurst \$4

Add Slaw-ter (Spicy Slaw) for \$1

Drinks

**Coke, Diet Coke, Sprite,
Root Beer, Vernors Ginger Ale
or Bottled Water** \$1

Iced Tea or Fruit Juice \$2
(one free refill on iced tea)

Coffee, Hot Tea or Hot Cocoa \$1