

Happy Tummy Menu

March 24-27, 2010

Poppy Love \$7

Poppysseed Almond Chicken in a Cream
Sauce Served Over Jasmine Rice
With Your Choice of One Side Item

Side Items

\$2 each

- Carrot Som Tum
- Strawberry Spinach Salad
- 3 Bean Salad
- Creamy Tomato Basil Soup
- Snack Mix
- Strawberry Cheesecake Ice Cream
- Cookies

*Substitute a Side Item for Chips For Only \$1 More

Hours

Wed & Thurs: Noon-6pm

Friday: Noon-8pm

Sat: Noon-4pm

Happy Tummy is located at
Lowe Mill, 2211 Seminole Dr
256-348-8132

mmmhappytummy.com

Be sure to join our email list
to find out about our weekly specials!

Sandwiches

(Comes with Chips)

Deli-cious \$6

Ham, Salami, Swiss, Lettuce, Tomato, Olive
Relish, Herbed Oil & Vinegar on Cuban Bread

Build Your Own Sandwich

Ham, Roast Beef or Turkey \$5

Jerk Chicken Sandwich \$6

With Your Choice of

Bread: Wheat, Jalapeno Cheddar or Rye

Cheese: Swiss, Cheddar, Pepperjack, American

Toppings: Lettuce, Tomato, Onion

Condiments: Mayonnaise, Baconnaise, Ketchup,
Yellow or Brown Mustard

Grilled Cheese (Bread & Cheese Only) \$3

Burgers

Hamburger, Veggie or Black Bean Burger \$6
on a White or Jalapeno Cheddar FredBread Bun

Wraps

Mediterr-key \$5

Turkey, Swiss, Roasted Red Peppers,
Artichokes, Olives, Tomato, Onion, Lettuce
& Pesto Mayo Wrapped in a Tomato Basil Tortilla

Tofu Wrap \$5

BBQ Or Jerk* Seasoned Tofu
with Onion, Tomato & Lettuce

*Jerk is VERY Spicy

Quesadillas

Cheesy Bad Apple \$5

Apples, Onions and Cheese in a Tortilla
Served With Apple Butter Honey Mustard

Cheese Quesadilla \$3

Served with Salsa and Sour Cream
Add Bacon for \$1

Dogs

(Comes with Chips)

Hot Dog \$3

Bratwurst \$4

Condiments: Yellow or Brown Mustard,
Ketchup, Kraut, Relish, Onion

Jerk Chicken or Tofu

(This Is Very Hot Stuff!)

Served as an Entree with 2 Sides \$8

Drinks

Coke, Diet Coke, Sprite, Root Beer,
Ginger Ale or Bottled Water \$1

Iced Tea (1 free refill) \$2

Fruit Juice \$2

Hot Tea, Coffee or Hot Cocoa \$1

Ice, Cup, or Cup of Ice \$1