

Happy Tummy Menu

May 7-9, 2009

This Week's Special!

Green Curry Chicken \$6

Green Curry Chicken with Bamboo Shoots,
Bell Peppers and Carrots
Served With Jasmine Rice

Side Items

\$2 each

- Egyptian Spinach Soup
- Lemon Vegetable Couscous
- Cucumber Asparagus Salad
- Fresh Fruit
- Lemongrass Ginger Sorbet
- Cookies & Cream Ice Cream

*Substitute a Side Item for Chips For Only \$1 More

Hours

Wed & Thurs: Noon-6pm

Friday: Noon-8pm, Sat: Noon-4pm

Happy Tummy is located at
Lowe Mill, 2211 Seminole Dr
256-348-8132

mmmhappytummy.com

**Be sure to join our email list
to find out about our weekly specials!**

Sandwiches

(Comes with Chips)

This Week's Suggestions

Betta Feta Turkey \$5

Turkey, Tomato, Spinach and Herb Mayo on
Spinach Feta FredBread

Build Your Own Sandwich \$5

Your Choice of

Bread: Wheat, Jalapeno Cheddar or Spinach Feta

Meat: Ham, Turkey, or Bacon

Cheese: Swiss, Provolone,

Cheddar, Pepperjack, American

Toppings: Lettuce, Tomato, Onion

Condiments: Mayo, Yellow or Brown Mustard

Jerk Chicken Sandwich \$6

Veggie Burger \$5

Grilled Cheese \$3

Wraps

Craisy Chicken \$5

Chicken Salad with Craisins, Red Onion,
Celery, Almonds, Mayo & Greens

BBQ Tofu Wrap \$5

with Onion, Tomato & Greens

Jerk Tofu Wrap \$5

with Onion, Tomato & Greens

Quesadillas

Tater-Dilla \$5

Mashed Potatoes, Green Onions & Cheese in
a Tortilla Served With Salsa and Sour Cream

Add Bacon for \$1

Cheese Quesadilla \$3

Served with Salsa and Sour Cream

Jerk Chicken or Tofu

(This Is Very Hot Stuff!)

Served as an Entree with 2 Sides \$8

Dogs

(Comes with Chips)

Hot Dog \$3

Bratwurst \$4

Add Slaw-ter (Spicy Slaw) for \$1

Drinks

**Coke, Diet Coke, Sprite,
Root Beer, Ginger Ale
or Bottled Water** \$1

Iced Tea or Fruit Juice \$2
(one free refill on iced tea)