

# Happy Tummy Specials

November 17-20, 2010

**Thai Me Up, Thai Me Down** \$5

Tuna, Onion, Cilantro, Peanuts & Thai Lemon Sauce Served Over Lettuce with a Side of Rice

## Sandwiches

(Comes with Chips)

**Infidel** \$6

Ham, Chipotle Pork, Dill Pickle, Swiss, Mayo & Mustard on Garlic-Olive FredBread

## Wrap

(Comes with Chips)

**Craisy Chicken Wrap** \$5

Chicken Salad with Craisins, Almonds, Red Onion, Celery, Mayo and Lettuce Wrapped in a Tortilla

## Quesadilla

**Asian Persuasion** \$5

Roasted Garlic Asparagus, Bamboo Shoots, Cheese Served with Chinese Hot Mustard Sour Cream  
Add Bacon for \$1

## Side Items

- **Potato Salad** \$2
- **Creamy Tomato Basil Soup** \$2
- **Vegetable Soup** \$2
- **Snack Mix** \$2
- **Dried Fruit & Nut Mix** \$2
- **Cookies** \$2
- **Ice Cream** \$2
- **Chips** \$1

# Happy Tummy Menu

## Sandwiches

(Comes with Chips)

Ham	\$5
Turkey	\$5
Roast Beef	\$5
Jerk Chicken Sandwich	\$6
Hamburger	\$6
Black Bean Burger	\$6
Salmon Burger	\$6
Grilled Cheese (Bread & Cheese Only)	\$3
Additional Toppings Add	\$1

## Wraps

(Comes with Chips)

BBQ Tofu Wrap	\$5
BBQ Seasoned Tofu with Onion, Tomato & Lettuce	
Jerk Tofu Wrap	\$5
Jerk Seasoned Tofu with Onion, Tomato & Lettuce	
This is VERY Spicy	

## Dogs

(Comes with Chips)

Kosher Beef Hot Dog	\$3
Bratwurst	\$4
Jumbo Veggie Dog	\$4

## Quesadillas

(Served with Salsa and Sour Cream)

Cheese Quesadilla	\$3
Bacon Quesadilla	\$4
Jerk Chicken Quesadilla	\$6
BBQ Tofu Quesadilla	\$5
Jerk Tofu Quesadilla	\$5

Be sure to join our email list and stay updated about our weekly specials!

**NOTE OUR TEMPORARY HOUR CHANGE**  
**We will close at 6pm on Fridays until we move into our new space inside the building.**

## Available Options

### Loaf Bread

Multi-grain, Sour Dough or Pumpernickel-Rye  
Jalapeno Cheddar FredBread

### Burger Buns

Sesame or Multi-grain  
Jalapeno-Cheddar FredBread

### Wrap

Multi-grain Tortilla

### Cheese

Swiss, Cheddar, Pepperjack, American

### Toppings

Lettuce, Tomato, Onion, Pickles, Jalapenos, Banana Peppers, Kraut, Relish

### Condiments

Mayonnaise, Chipotle Mayo, Baconnaisse, Ketchup, Yellow Mustard, Brown Mustard

### Chips

Ask for available options.

\*Substitute a Side Item (Additional Charge May Apply)

## Drinks

Coke, Diet Coke, Sprite, Root Beer,  
Ginger Ale or Bottled Water \$1

Iced Tea (1 free refill) \$2

Fruit Juice \$2

Hot Tea, Coffee, Hot Cocoa \$1

Ice, Cup, or Cup of Ice \$1

## Hours

Wed & Thurs: Noon-6pm  
Friday: Noon-6pm, Sat: Noon-4pm

Happy Tummy is located at Lowe Mill,  
2211 Seminole Dr  
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mmmhappytummy.com