

Happy Tummy Menu

Oct 16-18, 2008

This Week's Special!

Pizza

7" Pizza Made to Order \$7

Sauce: Red, White or Pesto

Meat: Pepperoni, Sausage, Ham, Jerk Chicken

Other Toppings: Onion, Bell Pepper, Artichoke Hearts, Tomato, Sun Dried Tomato, Olives, Mushrooms, Banana Peppers, Basil, Squash, Pineapple

(This Item will take longer to prepare than our other menu items.)

Side Items

\$2 each

- Vegetable Couscous
- Noodles & Marinara
- Italian Vegetable Soup
- Spinach Artichoke Dip with Toastettes
- Side Salad with Tomato, Onion, Carrot & Cucumber
- Cheese Bread Crisps

*Substitute a Side Item for Chips For Only \$1 More

Desserts

\$2 each

- Tiramisorta
- Cream Cheese, Peach, Plum Ice Cream

Sandwiches

(Comes with Chips)

This Week's Suggestions

PM

Portobello Mushroom, Shredded Mozzarella, Tomato & Spinach on FredBread \$6

Which Came First?

Egg Salad on FredBread \$5

Italian Turkey Wrap

Turkey, Sun Dried Tomato, Artichoke, Spinach and Swiss in a Wrap. Served with Herbed Sour Cream Dip. \$5

Cold Cuts \$5

(Served Hot or Cold)

- Ham, Turkey, Salami or Bacon

Veggie Burger \$5

Jerk Chicken Sandwich \$6

Grilled Cheese \$3

Peanut Butter or Nutella \$2

with your choice of Jam

Quesadilla

Quesa-Italiano

Mozzarella, Tomato, Onion and Basil served with Marinara Dip \$5

Salad

Jerk Chicken or Tofu Salad \$5

Spring Mix or Spinach with your choice of toppings \$4

Dogs

(Comes with Chips)

Hot Dog \$2

Bratwurst \$4

Jerk Chicken or Tofu

Served as an Entree with 2 Sides \$8

Drinks

Coke, Diet Coke, Sprite, Root Beer or Bottled Water \$1

Iced Tea or Fruit Juice \$2
(one free refill on iced tea)

Hours

Thursday - Saturday
Noon to 8pm

Happy Tummy is located at
Lowe Mill, 2211 Seminole Dr

mmmhappytummy.com

**Be sure to join our email list
to find out about our
weekly specials!**