

Happy Tummy Menu

Oct 2-4, 2008

This Week's Special!

Mexican Melee

Chorizo sausage, tomatoes, bell peppers, onions and black beans stewed together and served over rice, topped with cheddar cheese, with a side of Mexican Cornbread \$7

Side Items

\$2 each

- Strawberry Pretzel Salad
- Fresh Veggies with Dill Dip
- Rice Noodles with Peanut Sauce
- Hot Pepper FredBread Toastettes with Pineapple Cream Cheese
- Mexican Cornbread with Butter

Desserts

\$2 each

- Ginger Carrotcake with Cream Cheese Icing
- White Chocolate Raspberry Ice Cream
- Cranberry Apple Sorbet

Hours

Thursday - Saturday
Noon to 8pm

Sandwiches

(Comes with Chips)

This Week's Suggestion

Spicy Bird

Turkey, pepperjack cheese, lettuce, onion, tomato and chipotle mayo \$5

The Pipeline

Ham and pineapple cream cheese with onions and lettuce served in a wrap with a spicy BBQ dipping sauce \$5

Cold Cuts \$5

(Served Hot or Cold)

- Ham, Turkey, Salami or Bacon

Veggie Burger \$5

Jerk Chicken Sandwich \$6

Grilled Cheese \$3

Peanut Butter or Nutella \$2

with your choice of Jam

Quesadilla

Strong to the Finish

Sauteed spinach, onion and mushrooms with shredded cheese and served with garlic herb sour creme \$5

*Substitute a Side Item
for Chips For Only \$1 More

Salad

Jerk Chicken or Tofu Salad \$5

Spring Mix or Spinach with your choice of toppings \$4

Dogs

(Comes with Chips)

Hot Dog \$2

Bratwurst \$4

Jerk Chicken or Tofu

Served as an Entree
with 2 Sides \$8

Drinks

Coke, Diet Coke,
Sprite, Root Beer
or Bottled Water \$1

Iced Tea or Fruit Juice \$2
(one free refill on iced tea)

Happy Tummy is located at
Lowe Mill, 2211 Seminole Dr

mmmhappytummy.com

**Be sure to join our email list
to find out about our
weekly specials!**