

Happy Tummy Menu

Oct 9-11, 2008

This Week's Special!

Wing It

Wings sauteed in Spicy BBQ Sauce served over rice and with a side of fresh vegetables and ranch dip \$7

Side Items

\$2 each

- Fresh Veggies with Ranch Dip
- Mac & Cheese
- Cinnamon Toastettes with Apple Butter
- Side Salad with green onion, carrots, oranges with walnut vinaigrette

Soup

\$3 each

- Shrimp & Corn Chowder

Desserts

\$2 each

Ask for available options

Hours

Thursday - Saturday
Noon to 8pm

Sandwiches

(Comes with Chips)

This Week's Suggestions

The Infidel

Cuban-Style Sandwich with Pork Loin and Ham, Swiss, Dill Pickles, Mayo & Mustard on Olive-Garlic FredBread \$5

Tap That

Tuna, Apple and Cheddar with Mayo on Wheat FredBread \$5

Cran Wrap

Turkey, Cranberry Cream Cheese, Spinach and Onion served in a Wrap \$5

Cold Cuts \$5

(Served Hot or Cold)
- Ham, Turkey or Bacon

Veggie Burger \$5

Jerk Chicken Sandwich \$6

Grilled Cheese \$3

Peanut Butter or Nutella \$2

with your choice of Jam

Quesadilla

Hot Guac-It

Black beans and hot pepper guacamole with cheese on a tortilla \$5

*Substitute a Side Item
for Chips For Only \$1 More

Salad

Jerk Chicken or Tofu Salad \$5

Spring Mix or Spinach with your choice of toppings \$4

Dogs

(Comes with Chips)

Hot Dog \$2

Bratwurst \$4

Jerk Chicken or Tofu

Served as an Entree
with 2 Sides \$8

Drinks

Coke, Diet Coke,
Sprite, Root Beer
or Bottled Water \$1

Iced Tea or Fruit Juice \$2
(one free refill on iced tea)

Happy Tummy is located at
Lowe Mill, 2211 Seminole Dr

mmmhappytummy.com

**Be sure to join our email list
to find out about our
weekly specials!**