

Happy Tummy Specials

September 1-4, 2010

Thai Me Up, Thai Me Down \$5

Tuna, Onion, Cilantro, Peanuts & Thai Lemon Sauce Served Over Lettuce with a Side of Rice

Sandwiches

(Comes with Chips)

Popeye's Olive Oyl \$5

Creamed Spinach with Sautéed Mushrooms and Artichokes on Croissant with Swiss Cheese

Wrap

(Comes with Chips)

Ham-A-Lam-A-Ding-Dong \$5

Ham, Turkey, Onion, Lettuce and Raspberry Cream Cheese in a Wheat Wrap

Quesadilla

Beanie Weenie Quesadilla \$5

Beanie Weenies and Cheese in a Quesadilla Served with BBQ Sour Cream

Add Bacon for \$1

Side Items

- Spinach Dip & Pita Chips \$2
- Rice \$2
- Beanie Weenies \$2
- Snack Mix \$2
- Dried Fruit & Nut Mix \$2
- Ice Cream \$2
- Cookies \$2
- Chips \$1
- Ice Cream Sandwich \$1
- FlaVorIce 50¢

Happy Tummy Menu

Sandwiches

(Comes with Chips)

Ham	\$5
Turkey	\$5
Roast Beef	\$5
Jerk Chicken Sandwich	\$6
Hamburger	\$6
Veggie Burger	\$6
Black Bean Burger	\$6
Salmon Burger	\$6

Grilled Cheese (Bread & Cheese Only) \$3
Additional Toppings Add \$1

Wraps

(Comes with Chips)

BBQ Tofu Wrap \$5
BBQ Seasoned Tofu with Onion, Tomato & Lettuce

Jerk Tofu Wrap \$5
Jerk Seasoned Tofu with Onion, Tomato & Lettuce
This is VERY Spicy

Dogs

(Comes with Chips)

Kosher Beef Hot Dog	\$3
Bratwurst	\$4
Jumbo Veggie Dog	\$4

Quesadillas

(Served with Salsa and Sour Cream)

Cheese Quesadilla	\$3
Bacon Quesadilla	\$4
Jerk Chicken Quesadilla	\$6
BBQ Tofu Quesadilla	\$5
Jerk Tofu Quesadilla	\$5

Be sure to join our email list and stay updated about our weekly specials!

Available Options

Loaf Bread

Multi-grain, Sour Dough, or Pumpernickel-Rye
Jalapeno Cheddar FredBread

Burger Buns

Sesame or Multi-grain
Jalapeno-Cheddar FredBread

Wrap

Wheat Tortilla

Cheese

Swiss, Cheddar, Pepperjack, American

Toppings

Lettuce, Tomato, Onion, Pickles, Jalapenos, Banana Peppers, Kraut, Relish

Condiments

Mayonnaise, Chipotle Mayo, Baconnaisse, Ketchup, Yellow Mustard, Brown Mustard

Chips

Ask for available options.

*Substitute a Side Item (Additional Charge May Apply)

Drinks

Coke, Diet Coke, Sprite, Root Beer, Ginger Ale or Bottled Water \$1

Iced Tea (1 free refill) \$2

Fruit Juice \$2

Ice, Cup, or Cup of Ice \$1

Hours

Wed & Thurs: Noon-6pm
Friday: Noon-8pm, Sat: Noon-4pm

Happy Tummy is located at Lowe Mill,
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256-348-8132
mmmhappytummy.com