

## Happy Tummy Menu

Sept 18–19, 2008

### This Week's Special!

Baked Reuben

Corned beef, sauerkraut, swiss, mustard and thousand island baked into a loaf bread. \$6

### Side Items

\$2 each

- Vinegar cucumber salad
  - Mixed fruit
- Garlic smashed potatoes
- Spinach and artichoke couscous
- Hummus with spinach feta toast

### Ice Cream

\$2 each

- Nutella Ice Cream

### Hours

Thursday – Saturday  
Noon to 8pm

Happy Tummy is located at  
Lowe Mill, 2211 Seminole Dr

[mmmhappytummy.com](http://mmmhappytummy.com)

**Be sure to join our email list  
to find out about our  
weekly specials!**

## Sandwiches

(Comes with Chips)

### This Week's Suggestions

#### Fish Face

Tuna salad, sprouts and avocado  
on Toasted FredBread \$5

#### Betta Feta Turkey

Turkey, herbed mayo and tomato  
on Spinach Feta FredBread \$5

#### Spindifferous

Spinach, strawberries, bacon and  
bleu cheese served in a wrap with  
sesame poppy seed vinaigrette \$5

#### Cold Cuts \$5

(Served Hot or Cold)

- Ham, Turkey, Salami or Bacon

#### Veggie Burger \$5

Jerk Chicken Sandwich \$6

Grilled Cheese \$3

Peanut Butter or Nutella \$2

with your choice of Jam

## Quesadilla

### Holy Cheesus

Sauteed onions and hot peppers  
with cheese on quesadilla served  
with salsa and sour creme \$5

Add jerk chicken for \$1 more

## Salad

Jerk Chicken Salad \$5

Spring Mix or Spinach with your  
choice of toppings \$4

### Dogs

(Comes with Chips)

Hot Dog \$2

Chicken Sausage \$4

Bratwurst \$4

### Jerk Chicken

Served as an Entree  
with 2 Sides \$8

### Drinks

Coke, Diet Coke,  
Sprite, Root Beer  
or Bottled Water \$1

Iced Tea

Medium \$1.50

Large \$2

Izze Sparkling Juice \$2

-Blackberry

-Clementine

-Pomegranate

\*Substitute a Side Item  
for Chips For Only \$1 More