

Happy Tummy Specials

September 29 - October 2, 2010

Mexican Melee \$6

Ground Beef, Onions, Peppers, Black Beans, Corn, Tomatoes and Cheese Over Tortilla Chips With Salsa & Sour Cream

Sandwiches

(Comes with Chips)

Deli-cious \$6

Ham, Salami, Swiss, Lettuce, Tomato, Olive Relish, Herbed Oil & Vinegar on Hoagie Roll

Wrap

(Comes with Chips)

That's The Last Straw! \$5

Ham, Spicy Strawberry Cream Cheese, Spinach and Onion in a Wheat Wrap

Quesadilla

Holy Cheesus! \$5

Jalapenos and a Trinity of Cheeses in a Tortilla and Served with Salsa & Sour Cream

Side Items

- Spicy Strawberry Bread Pudding	\$2
- Broccoli Salad	\$2
- Spicy Strawberry Cream Cheese & Crackers	\$2
- Chips & Salsa	\$2
- Snack Mix	\$2
- Dried Fruit & Nut Mix	\$2
- Ice Cream	\$2
- Cookies	\$2
- Chips	\$1
- FlaVorIce	50¢

Happy Tummy Menu

Sandwiches

(Comes with Chips)

Ham	\$5
Turkey	\$5
Roast Beef	\$5
Jerk Chicken Sandwich	\$6
Hamburger	\$6
Black Bean Burger	\$6
Salmon Burger	\$6
Grilled Cheese (Bread & Cheese Only)	\$3
Additional Toppings Add \$1	

Wraps

(Comes with Chips)

BBQ Tofu Wrap	\$5
BBQ Seasoned Tofu with Onion, Tomato & Lettuce	
Jerk Tofu Wrap	\$5
Jerk Seasoned Tofu with Onion, Tomato & Lettuce This is VERY Spicy	

Dogs

(Comes with Chips)

Kosher Beef Hot Dog	\$3
Bratwurst	\$4
Jumbo Veggie Dog	\$4

Quesadillas

(Served with Salsa and Sour Cream)

Cheese Quesadilla	\$3
Bacon Quesadilla	\$4
Jerk Chicken Quesadilla	\$6
BBQ Tofu Quesadilla	\$5
Jerk Tofu Quesadilla	\$5

Be sure to join our email list and stay updated about our weekly specials!

Available Options

Loaf Bread

Multi-grain, Oatmeal, or Pumpernickel-Rye
Jalapeno Cheddar FredBread

Burger Buns

Sesame or Multi-grain
Jalapeno-Cheddar FredBread

Wrap

Wheat Tortilla

Cheese

Swiss, Cheddar, Pepperjack, American

Toppings

Lettuce, Tomato, Onion, Pickles, Jalapenos, Banana Peppers, Kraut, Relish

Condiments

Mayonnaise, Chipotle Mayo, Baconnaisse, Ketchup, Yellow Mustard, Brown Mustard

Chips

Ask for available options.

*Substitute a Side Item (Additional Charge May Apply)

Drinks

Coke, Diet Coke, Sprite, Root Beer, Ginger Ale or Bottled Water \$1

Iced Tea (1 free refill) \$2

Fruit Juice \$2

Ice, Cup, or Cup of Ice \$1

Hours

Wed & Thurs: Noon-6pm
Friday: Noon-8pm, Sat: Noon-4pm

Happy Tummy is located at Lowe Mill,
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256-348-8132
mmmhappytummy.com